



www.wellnessway4u.com simple ONLINE ecosystem to facilitate

- Healthcare at lower costs, increase the efficiency & efficacy of therapy & programs by engaging people/populations in improving their overall health by providing curated content, products & Services tailored as per Individual's unique profile / patterns.
- Evidence based approach from the intersection of health + engagement + behavior change to see the big picture and create momentum for innovative Products & Services to meet the challenges & solving problems / improving healthcare systems .

Email: support@wellnessway4u.com



My Life Today



My Life Patterns



Individuals AEEA tool Life ko de Naya Andaz

Utilise your [Online Consultation Forum](#) to reduce Healthcare Costs , be more productive, healthy & happy with Personalised Solutions.

Compare & Track effectiveness of Wellness Programs, Therapies, Coaching, Counselling etc for the duration of the program

Consistency of Input process pay off with **reward points and bonus points** at individual achievement levels and on Referrals too.

Advisors IRTI tool 24 x 7 Real Time Tracking & Guidance

FACILITY -
• Setup [your ONLINE Guidance Forum](#) - a simple 24 x 7 support system / tool to facilitate Consultation & SAVE TIME for your Clients & yourself .
• Customise your dashboard with Themes, Wallpaper etc

PATIENT CENTRIC -
• Set patient specific questions for tracking required parameters.
• Track discussions
• Draw key insights from Individual's Life Patterns (Individual Real Time Inputs – IRTI) to plan their wellness programs.

Your REVENUE-
• Charging Fees to your patients/ clients is at your discretion.
• We do NOT take any margins on your Fees.
• Possibly an opportunity to be on Advisory Panel of Wellness Products & Services Providers.

INPUT By Individuals

Simple Steps as Social Media – Just simply **talk about / review your** Daily Habits, relationship UPs & DOWNs & its possible triggers (Action – Reaction)

My Situation Today Current Physical State

My Sleep Patterns General Stressor

My Workout/ Activity My Communication/ Interaction

My Food Today My Workplace

My Relation/ Socializing My Addictions

OUTPUT Generated

[Performance Metrics / My Life Patterns / Digital Personal Wellness Diary](#) - **your** important basic analytical tool for your wellbeing as it **empowers you** to **Track, Analyse minutely** the pressure levels / non-productive / detrimental factors in your Physical & Emotional Life for various **combination of filters** such as keywords, criteria & Period (Days /Months /Years) .

REWARDS

To motivate for consistent Individual compliance, there is **REWARD** points system for each Individual's consistency levels. These Points can be redeemed as per Rewards Catalog. More Info at [REWARDS](#)

WIN WIN SUPPORT TOOL FOR ALL BENEFITS –

Wellness Product and Service providers IRTI, AEEA, Branding tool

Setup your [ONLINE Guidance Forum](#) - a simple 24 x 7 support system / tool to build Proactive Customer engagement. Specially suited for Nutraceutical, Food Supplements, Sports & Fitness Equipments , Spas etc

- Generate **continuous, real-time Feedback Data** for Product Innovation & development
- Powerful medium for Marketing Promotion, Branding, POS.
- Collaborate with us as a **Rewards Partner**.