

Holistic Health Management

For Prevention Programs (PrävG) in Physiotherapy Practices and Fitness Centers



Fit and Healthy

With the Biopulsar-Reflexograph®
Health Check-Up System and
Individualized Training Concepts



Biopulsar- Reflexograph®

Our Health

In our stressful and fast-paced time, higher performance is required of people through work, family and the environment. This overburdening leads to a dramatically increasing number of lifestyle illnesses such as cardiovascular disease, diabetes, back pain, depression, burnout symptoms and many other conditions.

When the body and mind are no longer in harmony, the life energy is weakened and a variety of physical and mental illnesses can arise. Preventable sicknesses are weakening the economy of a country and causing health costs to skyrocket.

The German legislation reacted to this with a prevention law (PrävG).

Prevention

Mostly disharmonies in the energy supply develop long before it progresses to an organ manifestation. This is also the reason why clients often complain about symptoms, even though the laboratory parameters are in the normal range.

An advantage of Biopulsar Electrodermal Biofeedback Screening is that energetic changes in the internal organs can be detected well before the onset of disease. Thus, with a profound biofeedback measurement proactive health care can be maintained.

Electrodermal Biofeedback Screening

The Biopulsar-Reflexograph® Electrodermal Biofeedback Screening concept is based on state-of-the-art computer technology and the millennium-old healing knowledge of both Eastern and Western holistic medicine and medical sciences. It represents a synthesis that integrates the philosophy of reflexology, biofeedback, thermography, pulse diagnosis and kinesiology.

Biofeedback is a scientifically recognized and well-founded process in which physical processes are brought to onsciousness through technical assistance. With biofeedback, the perception and conscious influence of body conditions can be specifically trained.

Reflex zones (somatotopias) are areas on the skin that have a connection to internal organs and body structures.

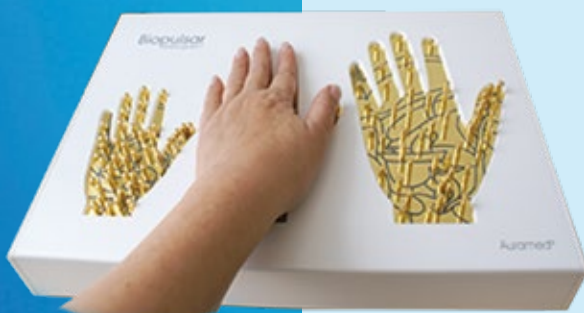
The interpretation of the energetic state of a reflex zone serves to analyze the vitality and regulatory capacity of the internal organs and the psyche.

Biopulsar-Reflexograph®

The Biopulsar-Reflexograph® hand sensor consists of a measuring board with 24 carat gold-plated measuring electrodes. These electrodes are ergonomically adapted for the organ reflex zones of the palm. Each individual sensor electrode is a high-resolution transducer for biomedical, electrodermal signals.

The biofeedback parameters are measured at 43 organ zones at intervals of 500 milliseconds (real time). These are then processed in various software modules and displayed graphically.

A measurement takes about 1 minute; and disrobing is unnecessary.



Modular Concept

The Biopulsar-Reflexograph® system is an ideal tool for the physiotherapist, fitness trainer or any practitioner in the holistic wellness field to measure the vitality and reaction potential of the client and to provide individually adapted and optimal health and training recommendations.

The Biopulsar-Reflexograph® system consists of various hardware and software modules that can be assembled as needed. It is delivered in a matching durable carrying case and is mobile for easy travel.



The Software

The Biopulsar software is user-friendly and intuitive based. Below is a brief overview of the different software modules:

Aura

The Aura software shows the dynamic whole-body energetics as well as the energy colours of the individual organs. At a glance, the trained coach can recognize where in the body and what kind of imbalances are present in the energy field.

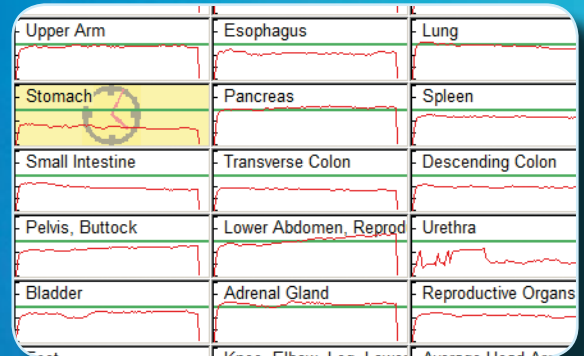


Chakra

This software displays the chakra (energy centre) activity and indicates the percentage opening of each chakra.

Biofeedback Graphs

The biofeedback software provides dynamic energy curves (graphs) and numerical values based on a scale of 0-10 for 43 different organ zones. These values give the trained coach hints about the flow of life force in the individual organs.



PhysioFit & Personal Trainer

The software modules PhysioFit & Personal Trainer offer extensive, energetic, physical and psychological information in texts, pictures and animations for each organ zone.

They show the muscle zones affected by reflex zones and meridians and provide instructions for fitness exercises to activate the energy flow in the muscles and energy channels.

The Personal Trainer software provides an evaluation of the vital energy in the individual organ zones and chakras, and provides appropriate training instructions. Intensities for the individual exercises are specified in the area of strength training.



To intensify the fitness programme the Muscle Activation Zones shown in the PhysioFit Software can be treated and activated with essential oils and colour light given in the Chromalive® Software

Colour Light Harmonization

The Chromalive® software offers the appropriate colour light application as well as affirmations and explanations from the organ language for each organ zone measured. Thus, an individual and daily wellness protocol and/or fitness training is guaranteed.



Auramed GmbH

We are an innovative, European company specializing in biofeedback analysis systems and marketing concepts for the health, fitness and wellness sector.

Our CE certified products are designed, manufactured and distributed worldwide to a German high quality standard.



Further information and advice:

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The Advantages

With the Biopulsar-Reflexograph® system holistic health evaluations as well as helpful suggestions and therapy applications for the client can be offered in the studio/ clinic or in the wellness and therapeutic practice.

The following advantages result from this:

For the Customer

- Increase in health awareness
- Targeted health care for quicker results
- Expansive bioenergetic health check-up
- Goal-oriented wellness programs for diet and exercise at the fitness centre
- Prevention of over- and under-training
- Precision physical and mental training
- Control measurements for performance optimization
- Measurement based wellness applications

For Fitness Studio

- Competence at the entrance test (promotion of client confidence & compliance)
- Support in the creation of training plans
- High customer acceptance due to the holistic interpretation options of the measurement results
- Training and wellness applications can be adapted to individual vitality parameters
- Ideal tool for client acquisition, customer relationship building and product marketing

For Businesses

- Healthier and more efficient employees
- Reduction of sick days, which in turn increases productivity
- More social benefits for employees and better employee retention
- Tax and social benefits through benefits in kind up to 44 euros per month per employee (§ 8 para. 2 sentence 11 EStG - applicable only for Germany).

For the Health Insurance

- Cost reduction through targeted health promotion
- Increasing the health awareness of the customer.